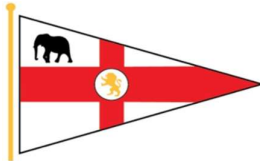




**SOUTH AFRICAN
SAILING**



SA SAILING 2023 YOUTH NATIONALS SI's

SA Sailing 2023 Youth National Championships

Dates: 16 December 2023 to 21 December 2023

Venue: Henley-Midmar Yacht Club, Midmar Dam, Howick

Organising Authority: SA Sailing KwaZulu-Natal Region in conjunction with the Henley -Midmar Yacht Club with the consent of SA Sailing.

Sanctioned 29 August 2023

SAILING INSTRUCTIONS

1 COMMUNICATIONS WITH COMPETITORS

Duplicate of NoR

1.1 The race office will be located at the clubhouse.

Contact person: Sue Barker, Cell number: +27 835 544 966 Email: ambleside@mweb.co.za

1.2 [DP] While racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

2 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted no later than 90 minutes before the first start on the day it will take effect, except that any change to the schedule of races will be posted by 19h00 on the day before it will take effect.

3 CODE OF CONDUCT

[DP] Competitors and support persons shall comply with reasonable requests from race officials.

4 SIGNALS MADE ASHORE

4.1 Signals made ashore will be displayed in front of the clubhouse

4.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 30 minutes" in Race Signals AP.

4.3 [DP] When Flag 'D' is displayed ashore, boats shall not launch.

4.4 [DP] When flag T is displayed ashore with a sound signal tallies shall be placed on the tally board within 10 minutes of this signal.

5 CLASS FLAGS & COURSE FLAGS

Class flags, Course Flags and the order of starting will be posted by the start of registration.

6 COURSES

The course areas and course diagrams will be posted by the start of registration.

7 MARKS

A description of all marks will be posted by the start of registration.

8 THE START

8.1 The starting line will be between a staff displaying an orange flag on the signal vessel at the starboard end and the course side of the port-end starting mark.

8.2 [DP] Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

8.3 A boat that does not start within 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

9 CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course, the race committee will move the original mark or the finishing line to a new position.

10 THE FINISH

The finishing line will be between a staff displaying a blue flag on the race committee vessel at the starboard end and the course side of the port-end finishing mark.

11 SHORTENING COURSE

In addition to the provisions of RRS 32, the race committee may also signal a shortened course by displaying flag F with repeated sounds from a boat near a rounding mark. On this signal boats shall round the mark as required to sail the course, and thereafter proceed directly to the finishing line. This signal shall be made before the first boat reaches the mark, and shall continue to be made until all boats still racing have passed these marks. This changes RRS 32.

12 PENALTY SYSTEM

12.1 RRS Appendix P applies.

12.2 RRS P2.3 does not apply and RRS P2.2 is changed so that it applies to any penalty after the first one. This changes RRS P 2.2 and P2.3

13 TIME LIMITS

13.1 Boats failing to finish within 20 minutes after the first boat in her class sails the course and finishes, and not subsequently retiring, being penalised or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place one more than the points scored by the last boat that finished within this time limit. This changes RRS 35, A5.1, A5.2 and A10.

13.2 In the open class Sailing Instruction 13.1 above is applicable from when the first boat from the open class finishes.

14 HEARING REQUESTS

- 14.1 The protest time limit is 60 minutes after the last boat on a course area finishes the last race of the day or the race committee signals no more racing today, whichever is the later. The time will be posted on the official notice board.
- 14.2 Hearing request forms are available from the race office and must be returned to the race office.
- 14.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the allocated protest room located at HMYC, beginning at the time posted.
- 14.4 A list of boats that have been penalised for breaking RRS 42 under Appendix P will be posted.

15 SCORING

- 15.1 4 races are required to be completed to constitute a series.
- 15.2 (a) When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.
(b) When from 5 to 9 races have been completed, a boat's series score will be the total her race scores excluding her worst score.
(c) When 10 or more races have been completed, a boat's series score will be the total of her race scores excluding her two worst scores.

16 SAFETY REGULATIONS

- 16.1 [DP] All competitors shall wear a personal flotation device capable of supporting a 5 kg steel weight at all times while afloat, except briefly while changing or adjusting clothing or personal equipment.
- 16.2 [DP] A boat that retires from a race shall notify the race committee at the first reasonable opportunity.
- 16.3 {DP] All boats will be allocated a tally. Before launching, the crew of these boats shall collect their tally from the Tally Board. On return to the shore the tally shall be placed back on the Tally Board either before, or within 10 minutes of the hoisting of Code flag "T" ashore, with a sound signal.

17 REPLACEMENT OF CREW OR EQUIPMENT

- 17.1 [DP] Substitution of competitors is not allowed without prior written approval of the race committee.
- 17.2 [DP] Substitution of damaged or lost equipment will not be allowed unless approved by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity, which may be after the race.

18 EQUIPMENT AND MEASUREMENT CHECKS

- 18.1 A boat or equipment may be inspected at any time for compliance with the class rules, notice of race or sailing instructions.

18.2 [DP] When instructed by a race official on the water, a boat shall proceed to a designated area for inspection.

19 SUPPORT PERSON VESSELS

[DP] Support person vessels on the water during a racing session shall display a conspicuous white flag, stay outside of the course (as shown on the course diagram) and at least 100 meters from boats racing.

20 TRASH DISPOSAL

Trash may be placed aboard official or support person vessels.

21 ADDITIONAL IDENTIFICATION

[DP] While racing boats from designated classes shall display bow numbers. Boats from other classes shall display numbered sail decals. The organising authority will supply the bow numbers, the numbered decals and instructions for their use.
