

STILBAAI YACHT CLUB



2022 SA SAILING YOUTH NATIONALS

SYC GALLEY (PRE-ORDER'S ESSENTIAL)

DAY	BREAKFAST	AMT	LUNCH	AMT	DINNER	AMT
FRIDAY 16TH	NONE	N/A	NONE	N/A	BRAAI PACKS 2 X CHICKEN SOSATIES & WORS OR STEAK & WORS BOTH WITH 2 X SALADS POTATO BAKE ROLL SALADS ONLY WITH POTATO BAKE & A ROLL	R95 R40
SATURDAY 17TH	BREAKFAST BUN AND/OR CEREAL & YOGURT COFFEE/TEA FILTER COFFEE	R45 R35 R10 R20	VETKOEK SLIDERS OR EGG SANDWICH	R40	SLOPPY JOE MINCE CHEESE & MAC WITH SALADS & A ROLL DESSERT OF THE DAY	R95
SUNDAY 18TH	SCRAMBLED EGG BANGERS/MINCE 2 X TOAST BAKED BEANS AND/OR CEREAL & YOGURT COFFEE/TEA FILTER COFFEE	R50 R35 R10 R20	HAM CHEESE TOMATO LETTUCE SANDWICH OR WRAP	R40	BUILD A BURGER (LARGE) BEEF/CHICKEN/VEGETARIAN DESSERT OF THE DAY	R95
MONDAY 19TH	BREAKFAST BUN AND/OR CEREAL & YOGURT COFFEE/TEA FILTER COFFEE	R45 R35 R10 R20	CHICKEN PASTA SALAD OR HOT DOGS	R40	LASAGNE SALAD ROLL	R95
TUESDAY 20TH	SCRAMBLED EGGS BACON/MINCE 2 X TOAST BAKED BEANS AND/OR	R65	EGG SANDWICH OR CHICKEN MAYO SANDWICH	R40	CHICKEN PIE WITH 2 VEGGIES, SALAD & ROLL	R95

	CEREAL & YOGURT	R35				
	COFFEE/TEA FILTER COFFEE	R10 R20				
WEDNESDAY 21ST	BREAKFAST BUN COFFEE/TEA FILTER COFFEE	R45 R10 R20	VARIOUS SANDWICHES AND WRAPS	R40	BRAAI PACKS STEAK & WORS OR 2 X CHICKEN SOSATIES & WORS BOTH WITH PAP AND SOUS SALAD	R95

Meal booking sheet can be found on the SYC Website

<https://www.stilbaaiyachtclub.co.za/events/140079/>

Please download the spreadsheet complete and email it to Carol Bester carolbester863@gmail.com together with POP.

MEAL SLOT TIMES

(Subject to change)

Breakfast 07h00 – 09h30

Lunch 12h00 – 14h00

Dinner 18h00 – 20h00