



**SOUTH AFRICAN
SAILING**

SAILING INSTRUCTIONS TEMPLATE

2020 Optimist Dinghy Western Cape Championship

Dates: Saturday 24 and Sunday 25 October 2020

Venue: Saldanha Bay Yacht Club

Organising Authority: Western Cape Optimist Class Association in conjunction with the Saldanha Bay Yacht Club under the auspices of SA Sailing.

SAILING INSTRUCTIONS

The notation '[DP]' in a rule in the SI means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.

1 RULES

- 1.1 The regatta will be governed by the rules as defined in **The Racing Rules of Sailing**.
- 1.2 **The South African Sailing prescriptions for National and Regional Championships** will apply.
- 1.3 Compliance while sailing to Race, Racing and sailing back from Racing with the Amendment of Directions issued from time to time by the Department of Sports, Arts and Culture in Terms of Regulations 4(10) of the Regulations made under Section 27(2) of the Disaster Management Act, 2002 (act No 57 of 2002).

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official WhatsApp notice board. The Notice will read "NB:[Notice posted]". All competitors must register on the Regatta WhatsApp for registration.

3 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted on the WhatsApp Notice Board before 09h00 on the day it will take effect, except that any change to the schedule of races will be posted by 19h00 on the day before it will take effect.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the flagpole at Saldanha Bay Yacht Club.
- 4.2 Flag D with one sound means "The warning signal will be made not less than 30 minutes after flag D is displayed. Boats shall not launch until this signal is made."

5 SCHEDULE OF RACES

5.1 Saturday 24 October 2020 First warning signal at 11:55

Sunday 25 October 2020 First warning signal at 09:55

A maximum of 8 races are scheduled.

5.2 4 races are scheduled per day.

5.3 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.

5.4 On the last scheduled day of racing no warning signal will be made after 15:00.

6 CLASS FLAGS

6.1 The Optimist Class flag will be raised at the warning signal to designate a combined A and B fleet start.

6.2 Should the race officer decide to hold separate starts, the Optimist Class Flag along with a green flag for the A fleet or a red flag for the B fleet will be flown.

6.3 B fleet competitors will be required to fly a red ribbon from the top of their sprits.

7 RACING AREAS

7.1 Racing will take place in Saldanha Bay.

8 THE COURSES

8.1 The diagrams in Addendum 1 show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

8.2 No later than the warning signal, the race committee will indicate the course to be sailed by displaying the course number on a white board at the back of the committee boat and flying the correspondent numeral pennant.

9 MARKS

9.1 Rounding marks will be the orange and black cylindrical Gemini buoys.

9.2 The starting and finishing marks will be the race committee signal boat and a small round orange optimist class buoy.

9.3 A race committee boat signalling a change of a leg of the course is a mark as provided for in SI 11.2.

10 THE START

10.1 The starting line will be between a staff displaying an orange flag on the race committee boat at the starboard end and the course side of the port-end starting mark.

10.2 A boat that does not start within 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4 and A5.

10.3 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races. *[DP]*

11 CHANGE OF THE NEXT LEG OF THE COURSE

11.1 To change the next leg of the course, the race committee will move the original mark (or the finishing line) to a new position.

11.2 Except at a gate, boats shall pass between the race committee boat signalling the change of the next leg and the nearby mark, leaving the mark to port and the race committee boat to starboard. This changes RRS 28.

12 THE FINISH

- 12.1 The finishing line will be between a staff displaying a blue flag on the race committee boat and the laid small round finishing mark as indicated in the course diagram and in 9.2 above.

13 PENALTY SYSTEM

- 13.1 RRS Appendix P, rules P1-P4 will apply. For convenience these are contained in Addendum 2 to the sailing instructions.
- 13.2 Addendum 3 of these sailing instructions contains a list of Graded Penalties which can be applied by the Race Committee without a hearing. This changes RRS 63.1 and Appendix A5.

14 TIME LIMITS

- 14.1 Boats failing to finish within 20 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.

15 PROTESTS AND REQUESTS FOR REDRESS

- 15.1 Protests to be lodged on forms available at the race office, downloaded from the SA Sailing website or lodged on WhatsApp. Protests and requests for redress or reopening shall be delivered within the appropriate time limit.
- 15.2 The protest time limit is 60 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is the later.
- 15.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings may be held virtually using Zoom.
- 15.4 Notices of protests by the race committee, technical committee or protest committee will be posted to inform boats under RRS 61.1(b).
- 15.5 A list of boats that, under SI 13.1, have been penalised by the protest committee for breaking RRS 42 will be posted.
- 15.6 On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.

16 SCORING

- 16.1 4 races are required to be completed to constitute a series.
- (a) When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.
- (b) When from 5 to 8 races have been completed, a boats' series score will be the total her race scores excluding her worst score.

17 SAFETY REGULATIONS

- 17.1 All competitors shall wear a personal flotation device capable of supporting a 5 kg steel weight at all times while afloat, except briefly while changing or adjusting clothing or personal equipment. *[DP]*
- 17.2 A boat that retires from a race shall notify the race committee as soon as possible. *[DP]*
- 17.3 Check-Out and Check-In requirements are as follows: Each day prior to launching sailors will be required to sign a launch register on a table outside the managers office at Saldanha Bay Yacht Club. Withing 5 minutes of removing their boat from the water sailors will be required to sign in on the register. Failure to do so will result in a disqualification from all races sailed on that day. *[DP]*

18 REPLACEMENT OF EQUIPMENT

- 18.1 Substitution of damaged or lost equipment will not be allowed unless approved by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity. *[DP]*

19 EQUIPMENT AND MEASUREMENT CHECKS

On the water, a boat can be instructed by a member of the race committee or technical committee to proceed immediately to a designated area for inspection. Ashore, equipment may be inspected at any time. The graded penalty system as per addendum 3 will apply.

20 SUPPORT BOATS

Coach or individual support boats shall be marked with a white flag and shall remain at least 100m from boats racing. Failure to comply may result in action by the protest committee. *[DP]*

21 TRASH DISPOSAL

Trash may be placed aboard support or official boats.

22 DISCLAIMER OF LIABILITY

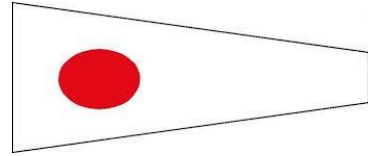
Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. Neither SA Sailing, the Club, the organising authority nor its officials or other persons associated with the organisation of the event will accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

23 INSURANCE

Each participating boat shall be insured with valid and adequate third-party liability insurance.

ADDENDUM 1

COURSE 1 – NUMERAL PENNANT 1 / NUMBER 1



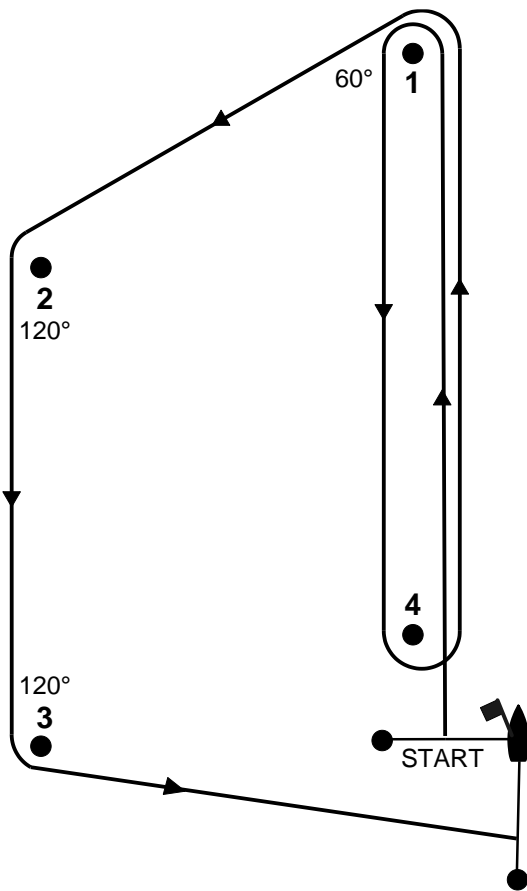
Trapezoid Course

A Fleet:

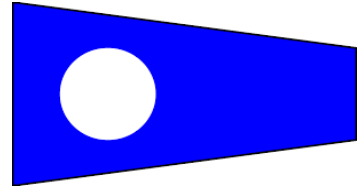
Start – 1 – 4 – 1 – 2 – 3 – Finish

B Fleet:

Start – 1 – 2 – 3 - Finish



COURSE 2 – NUMERAL PENNANT 2 / NUMBER 2



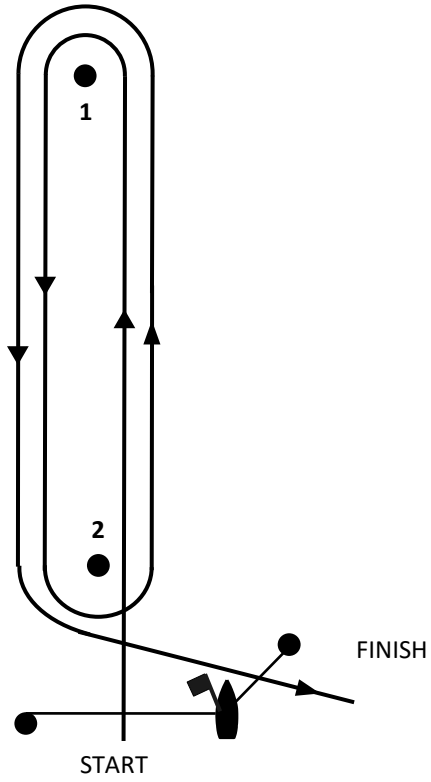
Windward-Leeward Course

A Fleet:

Start – 1 – 2 – 1 – 2 – Finish

B Fleet:

Start – 1 -2 - Finish



ADDENDUM 2

APPENDIX P

SPECIAL PROCEDURES FOR RULE 42

P1. OBSERVERS AND PROCEDURE

P1.1.

The protest committee may appoint observers, including protest committee members, to act in accordance with rule P1.2. A person with a significant [conflict of interest](#) shall not be appointed as an observer.

P1.2.

An observer appointed under rule P1.1 who sees a boat breaking rule [42](#) may penalize her by, as soon as reasonably possible, making a sound signal, pointing a yellow flag at her and hailing her sail number, even if she is no longer [racing](#). A boat so penalized shall not be penalized a second time under rule 42 for the same incident.

P2. PENALTIES

P2.1. First Penalty

When a boat is first penalized under rule [P1.2](#) her penalty shall be a Two-Turns Penalty under rule [44.2](#). If she fails to take it she shall be disqualified without a hearing.

P2.2. Second Penalty

When a boat is penalized a second time during the regatta, she shall promptly retire. If she fails to do so she shall be disqualified without a hearing and her score shall not be excluded.

P2.3. Third and Subsequent Penalties

When a boat is penalized a third or subsequent time during the regatta, she shall promptly retire. If she does so her penalty shall be disqualification without a hearing and her score shall not be excluded. If she fails to do so her penalty shall be disqualification without a hearing from all races in the regatta, with no score excluded, and the protest committee shall consider calling a hearing under rule [69.2\(a\)](#).

P2.4. Penalties Near the Finishing Line

If a boat is penalized under rule P2.2 or P2.3 and it was not reasonably possible for her to retire before [finishing](#), she shall be scored as if she had retired promptly.

P3. POSTPONEMENT, GENERAL RECALL OR ABANDONMENT

If a boat has been penalized under rule [P1.2](#) and the race committee signals a [postponement](#), general recall or [abandonment](#), the penalty is cancelled, but it is still counted to determine the number of times she has been penalized during the regatta.

P4. REDRESS LIMITATION

A boat shall not be given redress for an action by a member of the protest committee or its designated observer under rule [P1.2](#) unless the action was improper due to a failure to take into account a race committee signal or a class rule.

ADDENDUM 3

Optimist Graded penalty system

Minor technical penalties

Penalty approximately equal to 5% of fleet

- Failure to comply with the requirement to report penalty taken or retirement (SI 17.2)
- Breaches of SI 17 Safety Regulations if no danger was involved

Minor Class rule penalties (CR – Class Rule)

Penalty equivalent to 10% of fleet

- Bailer not attached to the hull (CR 4.3)
- Paddle not attached to the hull (CR 4.3)
- Daggerboard not attached to the hull (CR 3.3.4)
- Painter not attached to mast step (CR 4.3)
- Whistle not attached to personal flotation device (CR 4.2)
- One sail tie 5 mm or more loose (CR 6.6.3.4)
- Two sail ties 3 mm or more loose (CR 6.6.3.4)
- Accidental loss of sail tie (CR 6.6.3.4)
- Sailing across a race in progress before starting or after finishing
- Breaches of SI 20 Support Boats

Intermediate Class rule penalties

Penalty equivalent to 30% of fleet

- No bailer, paddle or painter in boat (CR 4.3)
- No whistle (CR 4.2)
- No lanyard, locking device or other arrangement to attach mast to the hull (CR 3.5.2.11)
- Sail outside limits of bands (CR 3.5.2.7)
- Two ties 5 mm or more loose (CR 6.6.3.4)
- Three or more ties 3 mm or more loose (CR 6.6.3.4)
- Throat, tack or clew eyelet 3 mm or more loose (CR 6.6.3.4)
- Repeated intermediate penalty infringement

Major class rule penalties (as per RRS)

Penalty DSQ

- All RRS except as amended
- All SI except as amended
- Use of uninspected equipment
- Use of unapproved fittings
- Repeat of major penalty infringement

Adopted from OptiWorld regulations Version 10 Aug 2015