

SA SAILING Western Province Championships

Incorporating the 29er National Championships

SAILING INSTRUCTIONS

The Regatta is organized by the SA Sailing Cape Town District in affiliation with South African Sailing (Western Cape) in conjunction with Langebaan Yacht Club and the represented Class Associations.

1. RULES

- 1.1 The regatta will be governed by the rules as defined in **The Racing Rules of Sailing (RRS)**.
- 1.2 For 29ers and multihulls only, RRS 44.1 is changed as follows: The Two-Turns Penalty is replaced by the One-Turn Penalty.

2. NOTICE TO COMPETITORS

Notices to competitors will be posted on the Official Notice Board situated at the Regatta Office at 'Hobie Cape', 41 Hoof Street, Langebaan.

3. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted at least 90 minutes prior to the scheduled start of the first race of the day on which it will take effect, except that any change to the schedule of races will be posted by 19h00 on the day before it will take effect.

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the flagpole in front of the Regatta Office.
- 4.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 45 minutes" in the race signal AP.
- 4.3 When flag "V" is displayed ashore with one sound signal, boats may NOT leave the shore. The warning signals will be made on the respective signal boats/shore stations not less than 60 minutes after the flag is lowered.

5. SCHEDULE OF RACES

- 5.1 The scheduled time of the warning signal for the first race on Friday April 6th is 13h55.
- 5.2 The scheduled time of the warning signal for the first races on Saturday 7th and Sunday 8th is 09h55.
- 5.3 On Sunday 8th no warning signal will be made after 14h25.
- 5.4 The starting order for the first race of each day will be posted on the Official Notice Board at least 90 mins before the warning signal for that race. The starting order for subsequent races will be indicated by the relevant class flags flown from the signal boat/shore station and will not necessarily be the same as for the first race.
- 5.5 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound signal at least five minutes before a warning signal is made.
- 5.6 A maximum of 10 races are scheduled, with no more than 5 races per day.

6. **THE COURSES**

6.1 The Course Areas will be designated by flags flown from the signal boat/shore station for that Course Area. Course Area A - yellow flag, Course Area B - lime flag, Course Area C - pink flag.

6.2 Refer to the attached course diagrams for course and sailing areas.

6.3 Course 1 will be sailed in Course Area A and sailed as follows :-

Course 1 Inner/Outer loop trapezoidal

<i>Signal</i>	<i>Mark Rounding order</i>
I	Inner loop
I2	Start -1-4/1-2-3-Finish
I3	Start -1-4/1-4/1-2-3-Finish
I4	Start -1-4/1-4/1-4/1-2-3-Finish
O	Outer Loop
O2	Start -1-2-3/2-3-Finish
O3	Start -1-2-3/2-3/2-3Finish
O4	Start -1-2-3/2-3/2-3/2-3-Finish

6.4 Course 2 will be sailed in Course Area B and sailed as follows: -

Course 2 Inner/Outer loop trapezoidal

<i>Signal</i>	<i>Mark Rounding order</i>
I	Inner loop
I2	Start -1-3/1-2-4-Finish
I3	Start -1-3/1-3/1-2-4-Finish
I4	Start -1-3/1-3/1-3/1-2-4-Finish
Hobbies/Tigers	Substitute mark 1a for mark 1



O	Outer Loop
O2	Start -1-2-4/2-4-Finish
O3	Start -1-2-4/2-4/2-4-Finish
O4	Start -1-2-4/2-4/2-4/2-4-Finish

- 6.5 Course 3 will be sailed in Course Area C and sailed as follows: -
The start will be at Friday Island in a southerly wind direction with the finish at Mykonos. In a northerly wind direction, the start will be at Mykonos with the finish at Friday Island. The marks used will be the SANPARK marks as shown on the chart. The course will be displayed at the start on the beach.
- 6.6 For Courses 1 and 2 all marks, other than the starting and finishing marks, are to be rounded to port.
- 6.7 For Courses 1 and 2 the race committee will, no later than the warning signal, display the course designations and the approximate compass bearing of the first leg. For example:

Bearing	145	
Course	I3	02
Classes		

7. MARKS

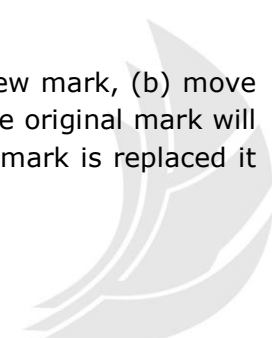
- 7.1 Course 1 marks will be yellow/blue inflatable marks.
Course 2 marks will be yellow inflatable marks.
Course 3 marks will be Sanpark fixed marks.
New marks, as provided in sailing instruction 9.1, will be triangular yellow marks.
- 7.2 The starting and finishing marks will be a signal boat (on courses where a shore station is not being used) and nearby small orange buoys positioned as shown on the course diagrams.

8. THE START

- 8.1 The starting line for Courses 1, 2, and 3 will be between the mast displaying an orange flag on the signal boat/shore station and the nearby starting mark.
- 8.2 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 8.3 A boat that does not start within 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4 and A5.
- 8.4 **Boats shall not cross the starting line prior to their warning signal in the sequence of races under way.**

9. CHANGE OF THE NEXT LEG OF THE COURSE

- 9.1 To change the next leg of the course, the race committee will (a) lay a new mark, (b) move the finish line, or (c) move the leeward mark. When a new mark is laid, the original mark will be removed as soon as practicable. When in a subsequent change a new mark is replaced it will be replaced by an original mark.



- 9.2 Boats shall pass between the race committee boat signalling the change of the next leg and the nearby mark, leaving the mark to port and the race committee boat to starboard. This changes RRS 28.1.

10. THE FINISH

- 10.1 The finishing line for Courses 1, 2 and 3 will be between the mast displaying a blue flag on the signal boat/shore station and the course side of the nearby finishing mark.
- 10.2 **Boats shall not cross the finishing line unless they are finishing.**

11. PENALTY SYSTEM

- 11.1 Discretionary Penalties: The penalty for breaches of Class Rules, Sailing Instructions 4.3, 11.2, 15.4 and 15.6, and Notice of Race 9.1, 9.2 may be less than disqualification if the jury so decides. The scoring abbreviation for a discretionary penalty imposed under this instruction will be DPI. The protest committee should be guided by class recommendations for discretionary penalties where applicable.
- 11.2 A boat that has taken a penalty or retired under RRS 31 or RRS 44.1 shall complete an acknowledgement form at the Race Office within the protest time limit.

12. TIME LIMIT

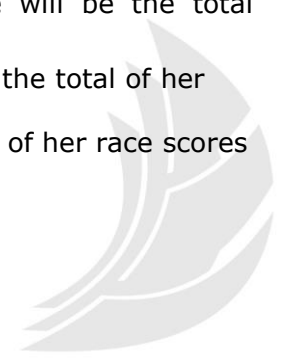
- 12.1 Boats failing to finish within 15 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.

13. PROTESTS AND REQUESTS FOR REDRESS

- 13.1 Protest forms are available from the Regatta Office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit as indicated on the Official Notice Board.
- 13.2 For each class, the protest time limit is 60 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is the later.
- 13.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room next to the Regatta Office.
- 13.4 Notices of protests by the race committee, technical committee or protest committee will be posted to inform boats under RRS 61.1(b).
- 13.5 On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.

14. SCORING

- 14.1 Four races are required to be completed to constitute a series.
- 14.2 When fewer than 4 races have been completed, a boat's series score will be the total of her race scores.
- 14.3 When from 5 to 9 races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- 14.4 When 10 races have been completed, a boat's series score will be the total of her race scores excluding her two worst scores.



15. **SAFETY REGULATIONS**

- 15.1 Yachts shall comply with their class buoyancy and safety requirements.
- 15.2 All competitors shall wear a personal buoyancy aid capable of supporting a 5kg steel weight at all times while afloat in a boat entered in this regatta.
- 15.3 Wet suits or dry suits do not constitute adequate buoyancy!
- 15.4 A boat that retires from a race shall notify the race committee or regatta secretary as soon as possible.
- 15.5 **OPTIMIST: Optimist class entrants having birth dates on or after 1 January 2007 will sail the regatta in the B fleet class, unless the entrant has sailed in a Provincial or National Regatta previously for that Class.**
- 15.6 **All boats shall comply with the tally system which will be explained at registration, and on the Official Notice Board.**
- 15.7 **Every time a boat fails to comply with the tally system, the race committee will add a 5-points penalty, without a hearing, to the boat's score in the race closest to the breach of SI 15.6. This changes RRS A5. A list of boats that have been so penalised will be posted on the Official Notice Board.**

16. **REPLACEMENT OF CREW OR EQUIPMENT**

Substitution of competitors, or of damaged or lost equipment, will not be allowed unless authorised by the race committee. Requests for substitution shall be made in writing to the race committee at the first reasonable opportunity.

17. **EQUIPMENT AND MEASUREMENT CHECKS**

A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee measurer to proceed immediately after the completion of a race to a designated area for inspection.

18. **SUPPORT BOATS**

Coach boats or individual support boats shall display prominently a **white flag** and shall remain no less than 50m from areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired, or the race committee signals a postponement, general recall or abandonment. Failure to comply may result in disqualification of any competitor associated with the support boat at the discretion of the protest committee.

19. **TRASH DISPOSAL**

Attention is drawn to RRS 55. A competitor may be penalised for putting trash in the water. Trash may be placed aboard support and official boats.

20. **RADIO COMMUNICATION**

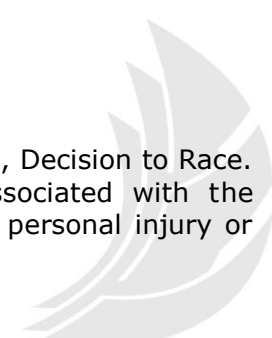
Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

21. **PRIZES**

Prizes will be awarded as detailed in the Notice of Race.

22. **DISCLAIMER OF LIABILITY**

Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. Neither the Organising Authority nor its officials or other persons associated with the organisation of the event will accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.



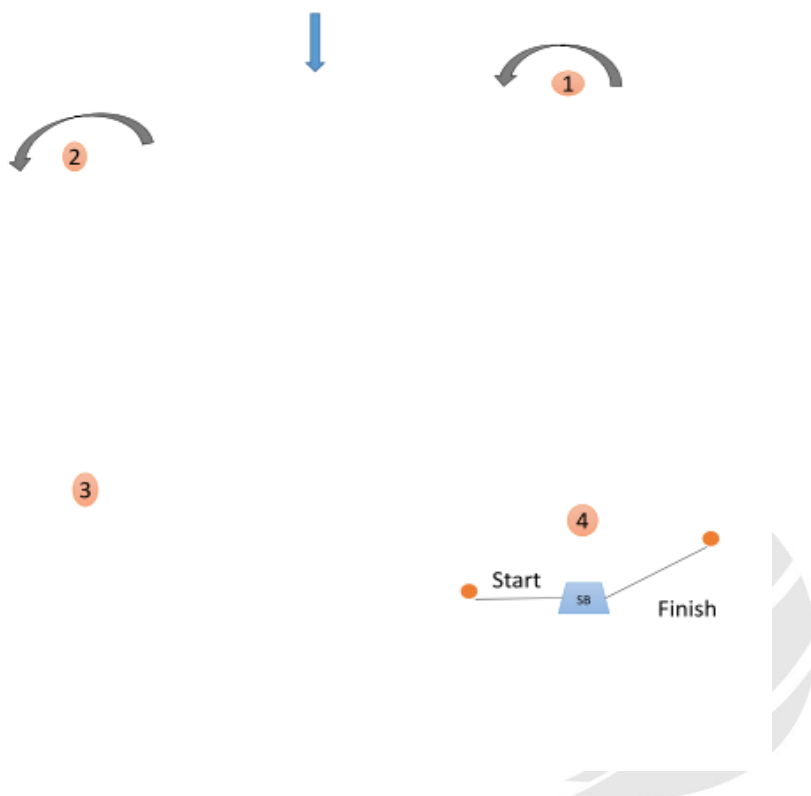
23. **INSURANCE**

Each participating boat is encouraged to carry sufficient valid third-party liability insurance to cover any liability arising during the event.



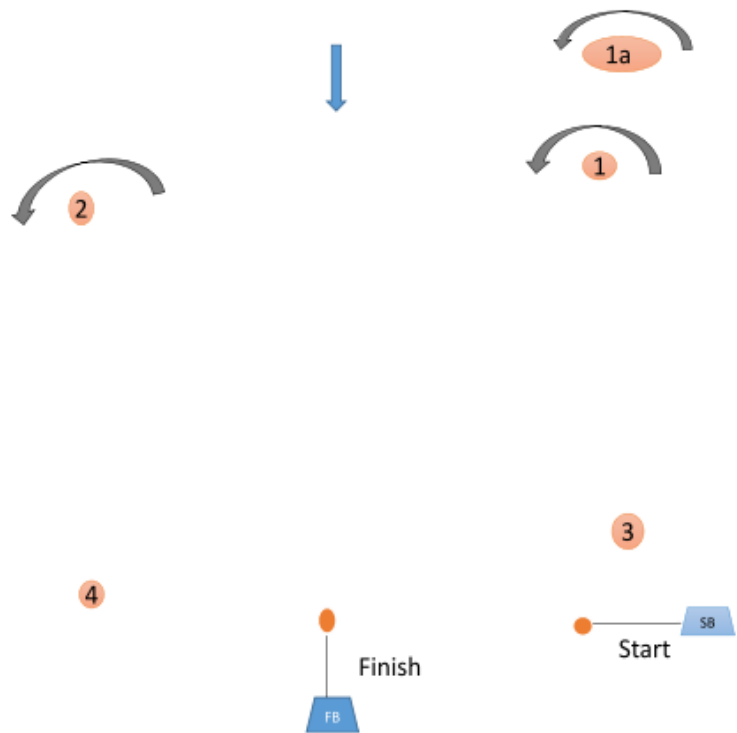
Course 1 Inner/Outer loop trapezoidal

Signal	Mark Rounding order
I	Inner loop
I2	Start -1-4/1-2-3-Finish
I3	Start -1-4/1-4/1-2-3-Finish
I4	Start -1-4/1-4/1-4/1-2-3-Finish
O	Outer Loop
O2	Start -1-2-3/2-3-Finish
O3	Start -1-2-3/2-3/2-3Finish
O4	Start -1-2-3/2-3/2-3/2-3-Finish



Course 2 Inner/Outer loop trapezoidal

Signal	Mark Rounding order
I	Inner loop
I2	Start -1-3/1-2-4-Finish
I3	Start -1-3/1-3/1-2-4-Finish
I4	Start -1-3/1-3/1-3/1-2-4-Finish
Hobbies/ Tigers	Are to substitute mark 1 for 1a
O	Outer Loop
O2	Start -1-2-4/2-4-Finish
O3	Start -1-2-4/2-4/2-4-Finish
O4	Start -1-2-4/2-4/2-4/2-4-Finish



Course 2:Start sequence & Course designation

Hobbies/Tigers (Hobie class flags)	Inner Loop
29 ers & Fireballs (29er Flag)	Outer Loop
Sonnets & 420 (Pennant Number 2)	Inner Loop
Finn, Laser std (Muria Class (emblem is a bull on white back ground))	Outer Loop
Laser Radial & Laser 4.7 (Laser Radial Flag Green)	Inner Loop



Course 3 Boards & Kites

The start will be at Friday Island in a southerly wind direction with the finish at Mykonos. In a northerly wind direction the start at Mykonos with the finish at Friday Island. The marks used will be the SANPARK marks as shown on the chart. Course will be displayed at the start on the beach.

